



- Wear a cami under a low cut shirt or dress. We also suggest wearing layers under or over the low cut shirt.
- Wear a size up with baby t-shirts so they are not too tight. The shirt is too tight if it springs back.
- Watch out for gaps in button up shirts. The shirt is most likely too small if it gaps. If the shirt does fit but is gapping try using double sided tape or a safety pin to keep it closed. You could also wear an undershirt/cami.
- A longer shirt underneath a short shirt helps cover up the stomach. Men's or boy's under shirt tank tops work well too.
- When deciding if a shirt is too short, use the arms up technique. Raise your arms up. If your stomach is showing your shirt is too short.
- When purchasing Jeans make sure you practice sitting down in them to ensure they don't go too low in the back. Watch for jeans that are too tight as well. If you are wearing jeggings consider pairing them with a long shirt.
- Wearing the appropriate under garments makes a big difference in appearance. You should wear thicker bras when wearing a tighter shirt. Our suggestion is trying to wear a strapless bra with tank tops and boy cut underwear with low-rise jeans to ensure no garments are exposed.
- If your skirt is too short, wear shorts underneath.
- Accessories are very popular right now. Use scarves or jewelry to help cover up revealing areas or to spice up a plain outfit.